

Virg Rankin Relays

North Union HS, Richwood, OH

Friday, April 18, 2014

Thank you for entering the 2014 Virg Rankin Relays at North Union High School.

Schools entered:

North Union, Elgin, Bucyrus, Fairbanks, Mount Gilead, Pleasant, Ridgemont

Awards:

Trophies for each team champion, boys and girls, and runners-up

Medals for first – third places *Medals will be awarded throughout the meet after the results from each event are tabulated. The top three teams will be called to the podium to be awarded their medals. Athletes should be listening for announcements throughout the meet.*

Scoring will be 10-8-6-4-2-1 for all events

Rosters and entries: Please go to Baumspage.com and register your team and enter your athletes for both the boys and girls events. **Entry window closes: Wednesday, 04-16-2014, 11:30 PM**

Lane assignments will be made by random draw.

This is a relay event and the Uniform Rule must be followed including field events.

Admission: will be \$6.00 for Adults and \$4.00 for Students – **NO PASSES!**

Please make sure your fans are aware there is an admission charge to this event!!

Concessions will be available and Relay T-shirts will be on sale with all the schools names on the shirts.

Please use 1/8" spikes on track and jumping areas

If there are any changes to your entry list on Friday please bring them to the coaches meeting on Friday afternoon.

If you have any questions, please contact Fred Holsinger at fholsinger@nu-district.org or 614-578-5989

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Schedule of Events

4:00 Coaches meeting in High School Cafeteria

4:30 Field Events: 3 athletes per event with the exception of Pole Vault to 2 athletes.

Round 1

Girls Shot
Boys Disc
Girls High Jump
Boys Long Jump
Girls Pole Vault

Round 2 -to start 15 minutes after Round 1

Boys Shot
Girls Disc
Boys High Jump
Girls Long Jump
Boys Pole Vault

6:00 **Girls 4 x1600 M Relay**
 Boys 4 x 1600 M Relay

7:00 **National Anthem**

Events will follow a rolling schedule to keep the meet moving

Girls Shuttle Hurdles
Boys Shuttle Hurdles

Girls Distance Medley (800, 400, 400, 1200)
Boys Distance Medley

Girls Sprint Medley (100, 100, 200, 400)
Boys Sprint Medley

Girls 4 x 800 M Relay
Boys 4 x 800 M Relay

Girls 4 x 100 M Relay
Boys 4 x 100 M Relay

Girls 4 x 200 M Relay
Boys 4 x 200 M Relay

Girls 4 x 400 M Relay
Boys 4 x 400 M Relay

2014

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NORTH UNION HS